a
Around, up, down.

b
Down, up, around.

c
Around.

d
Around, up, down.

e
Around, around.

f
Around, down, lift, cross.

g
Around, up, down.

h
Down, up, around, down.

i
Down, lift, dot.

j
Down, around, lift, dot.

k
Down, up around, down.

l
Down.

m
Down, up around, down, up, around, down.

n
Down, up around, down.

A
Down, lift, down, lift, cross.

B
Down, lift, around, around.

C
Around.

D
Down, lift, around.

E
Down, lift, cross lift, cross lift, cross.

F
Down, lift, cross lift, cross.

G
Around, up, down.

H
Down, up, around, down.

I
Down, lift, dot.

J
Down, lift, cross lift, cross.

K
Down, around, lift, cross.

L
Down, lift, down.

M
Down, lift, down, up.

N
Down, lift, down up.